



Calendar 2020

Impact Report 2018/2019



We believe in people being the best they can be. We're ambitious for every individual to have an equal chance to live the life they choose to live. Our impact report sets out how we made a difference to the lives of adults with learning disabilities, physical and sensory impairments, autism and mental health needs during 2018-2019.

We delivered on our key objectives

- To **improve health and wellbeing** to address the health inequalities that exist for those with learning disabilities.
- To **increase employability and personal development**.
- To **improve social inclusion** for people to enjoy equal access to community networks and meaningful activity.
- To **empower people to have more autonomy**, to make choices and take control of their own lives.

We did this by

- **Providing accredited training** in horticulture, catering, digital skills, basic skills and independent living skills.
- **Providing courses** that centre around personal development including healthy eating, wellbeing, music, creative writing, and arts and crafts.
- Operating **two social enterprises** providing services to the local community while offering work experience to our students.
- Running our **social inclusion programme** - Go Anywhere, Do Anything - offering trips out for people to experience new social activities.



To find out more including how to support us visit www.sharecommunity.org.uk

🐦 Twitter (@ShareCommunity) 📘 Facebook (@ShareCommunity) 📷 Instagram (@share_community)

 **Share**
Learning • Living • Wellbeing

Chair and Chief Executive Report

We've been working together since December 2018, when Bill Morgan stepped down as Share's Chair. Bill had invested time, care, and skills into helping to build Share and make us focused and resilient. Kate took over as Chair in December.

Autism Accreditation

During this year, we achieved our Autism Accreditation from the National Autistic Society, the only day service for adults in our area to have done so. It means that people with learning disabilities and autism – who make up 40% of our student body – can be confident that Share staff and volunteers will be sensitive to their needs and focused on all the positives that they bring to our community. It means that ours is a safe and welcoming environment for people with autism.

Increased Independence

We've continued to develop programmes and activities that help disabled people to gain greater independence; to live more healthy and happy lives; to work towards getting jobs; and to enjoy all the range of social and leisure activities that others take for granted, including staying out late at night!

Support From Volunteers

We've welcomed some highly talented staff onto the team, and we've seen greater involvement than ever of volunteers. In fact, we couldn't achieve what we do without

the generous contribution of volunteers. Between April 2018 – March 2019, Share was supported by 33 volunteers and 34 social buddies who support Go Anywhere, Do Anything trips. An additional 317 corporate volunteers gave their time to Share over the year, usually coming for a day or two. Altogether, volunteers donated approximately 5,500 hours over the year. If we were paying a support worker to do the work that the volunteers have done, with a wage of £11 per hour, it would have cost us £60,500 in salary alone. We just can't thank them enough.

Tackling Health Inequalities

Health inequalities remain a massive issue, and we're determined to tackle them. It's simply unacceptable for people with learning disabilities to be dying up to 20 years younger than the general population from conditions that can be prevented or controlled. Regular exercise, healthy eating habits, a lifestyle that includes connection with others instead of lonely isolation are all things that people gain through coming to Share, and that contribute to measurably better health and wellbeing.

In the coming years, we will be working to further improve health and wellbeing, and to build people's employment skills and opportunities. We're particularly keen to develop more partnership work with other organisations in order to help people with learning disabilities move closer to work, and we want to create more social businesses.

We'd both like to thank our fellow board members, who give their time and wisdom so generously. We'd like to thank the staff and volunteers who make Share such a happy and successful place. We'd like to thank our colleagues in the Councils and health authorities and in other charities with whom we work so closely. And above all, we'd like to thank the Share students, who never fail to surprise and amaze us with their talents and achievements.



Kate Heaps - Chair

"I'm excited and impressed by Share, I've really enjoyed meeting people, and I've learnt such a lot. I'm looking forward to working with the Share family as we plan our next steps."



Annie McDowall - Chief Executive



I can play the violin

Nicola recently started learning to play the violin. It gives her the independence to express herself through music. She enjoys holding the instrument and the feel it gives her and she's already learnt a variety of bowing techniques. It's been a challenge for her to check which string she's playing on, but with the support and encouragement of her family and the music lessons she receives at Share she's doing brilliantly!

"I like the feel of the violin."

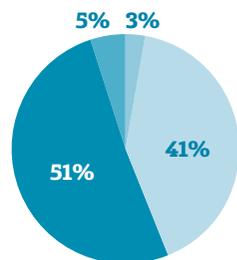
January

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Our Outcomes In Numbers

We provided training and support for **124** disabled people, up **6%** from the previous year.

Our target for the average number of full time equivalent (attending 3 days or more per week) students was set at **95**. Our actual number was **93** with an average of **91**. Total student days increased by **8%**.



People Accessing Share

- Complex needs
- Mental health
- Physical impairment
- Learning disability

Basic Skills

9 people took part in our **English** and **Maths** course over the year and achieved:

15 units towards their **City and Guilds Award in English**

16 units towards their **City and Guilds Award in Mathematics**



Independent Living Skills

| No. of students | Unit Achieved |
|-----------------|---|
| 6 | Law and Order – focusing on their rights and responsibilities within their communities |
| 12 | Accessing Services – understanding how to engage with a range of medical services from GP to diabetes screening |
| 22 | Living in a diverse society |
| 1 | Personal presentation |
| 10 | Clothing and footwear |
| 7 | Environmental Issues |
| 10 | Personal Safety |

Horticulture



- **43** students worked towards qualifications in **Practical Horticulture Skills**
- **6** full qualifications – **3 Level 1 Awards, 2 Level 2 Awards** and **1 Level 2 Diploma**
- **29** units towards **Level 1 or 2** qualifications were also achieved

We worked with **7** students from **Oak Lodge School** who are Deaf or who have speech, language or communication needs. They achieved **3** Level 1 Practical Horticulture Skills Award qualifications and **27** units.

Catering



- **22** students worked towards the **Chartered Institute of Environmental Health (CIEH)** qualifications
- **2** achieved a **Level 1 Award in Food Safety Awareness**
- **1** received a **Foundation Level** qualification
- **67%** of students work on picture based portfolios as they have significant barriers to achieving Level 1 qualifications

Our Catering Project also provided successful work experience for **9** students from **Oak Lodge School**.

Digital Skills

- **52** students in total
- **5** students achieved units towards the **Level 1 ITQ Award**
- **19 Skills for Working Life Units** achieved by students working at Entry 3
- **12** students accessing **Digital Skills for Independent Living** received progression certificates



I can create digital art

Shaun loves expressing himself creatively on the iPad. He's developed a unique signature 'leaf pattern'. We celebrate each new digital drawing and Shaun doesn't hide the fact that he knows they are pretty great! Shaun is looking forward to progressing further with his artwork and his aim is to see his leafy motif printed onto fabric or a fashion item sometime in the near future.

"I like doing things with my hands... I like the art."

February

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Shaun

Shaun enjoys his time at Share and although shy, he's very friendly. When he first joined us he preferred not to speak. He didn't like going upstairs in the Share building and would seek out quieter, calmer spaces downstairs. But he did enjoy our kitchen area and started in our catering programme. Busy places with lots of noise can be stressful for Shaun and he often waits for the daily noise and bustle of others getting to their classes to die down before he starts in the kitchen.

Shaun has mastered many catering skills and as his confidence grew he joined our My Community and Me project. It aims to develop independent living skills by teaching students both in the classroom and out in the community. This meant that Shaun needed to venture upstairs in the Share building and go out on trips with his group. With the support of tutors and his fellow students he embraced the course and succeeded in making the transition.

Shaun loves being out in the community and getting involved. When we visit local services like the pharmacy or opticians, we create tasks for students to practise important life skills like locating items and asking shop staff for help if needed. Shaun confidently asks questions about healthcare and easily finds things in shops. He's become more independent and able to make his own choices.

Because Shaun had previously been based in the kitchen getting out like this was a huge change in terms of routine. It meant being with a new group, leaving the safety of the Share building and in the case of visiting a gym group, wearing different clothes. So we created easy read letters and images to help Shaun see what the day would be like

and what happens at the gym. This helped him take it all in his stride. He loved travelling on the bus and trying different exercises with the coaches each week.

One thing we realised fairly quickly after meeting Shaun was that he loves music, talking about his favourite artists and songs and singing along to them. Shaun really engages in conversation with his class-mates too – generally about television, but he is not shy to express what pleases him. He loves it when his friends acknowledge his sense of humour and will rise to the moment.

Shaun also studies arts and crafts at Share. He's able to express himself using the iPad and has developed his own style of creative mark making. He works with focus and dedication. Art makes him smile and we're very excited to see his digital artwork develop.

Shaun has come a really long way since he started with us. His confidence and enthusiasm have grown immensely, and now he talks a lot of the time. He's incredibly friendly and always says hello. He preferred to eat his lunch alone when he first joined, but now he always chooses to eat in the dining room with other students. Recently, with a big welcoming smile he pulled a chair back for Annie, our CEO, to join him and his fellow students at the table.

Commenting on Shaun's progress at Share his mum said 'Well, he talks a lot more now. He asks more questions... We're seeing so much more of his caring side now. He asks me now, "Do you need a hand?"... Yes, he's happy in himself and he's progressing.'





I can use an app to catch the bus

André is growing in his travel independence. He has learnt how to use his phone to check the bus times and help direct the My Community and Me group when they go out. André has a fantastic memory and can recite many of the bus stops, the safety alerts on the bus and TFL travel announcements!

March

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Go Anywhere, Do Anything

Share's **Go Anywhere, Do Anything** programme has gone from strength to strength. We launched in 2014 to combat isolation and loneliness by providing trips out for adults with learning disabilities to experience sports, leisure and arts activities. Since that time we've **doubled** the number of trips that we run. Our team have worked hard to remove barriers for some members who face complex challenges that prevent them from accessing daily fun experiences that most people take for granted. We continue to develop the programme, recruiting new volunteers for our buddyship project to help us meet demand.

Advocating for inclusion

We've challenged communities to be more accessible and disability friendly. Sadly many venues still don't cater adequately and fairly for those with disabilities. Our goal is to influence change in the wider world to make it more inclusive.

Building life skills

Not only have these trips been thoroughly enjoyable and fun, students have built essential life skills at the same time. Going to public venues has given them greater confidence to travel on public transport, order food and drink and ask for help if needed.

Offering choice

Most importantly it has given people choice. Our members have been able to express their needs and desires and tell us how they feel.

- **69 trips** in and around London
- **87 people** supported with learning disabilities, (27% also have a physical disability and 34% have autism)
- **317 spaces** provided
- **50% members** explored places outside London
- **35 volunteers** giving **1,480 hours** of support



"It was fun. It was nice being in a group and I liked the people we went with. Looking at the trains was great - I've always wanted to go on one"

"It helps people understand people like me"

"It was an interesting and historical place, I got to see the crown jewels and we got to go in the gift shops. It was a nice place to go"



I can volunteer at The Oval

Ummair loves cricket. It's always been a great way into conversations at Share which is full of cricket fans! Through joining our digital skills group he learnt how to get the weather and the cricket scores through the internet and is relied on for this knowledge. He was thrilled to have the opportunity to volunteer at The Oval. Buddied up with an ambassador he gave directions to spectators and gave out leaflets. He thoroughly enjoyed "all of it" and hopes to do more in the future.

April

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My Community and Me

In 2019 we launched **My Community and Me**, an independent living skills course based mainly in the community rather than in a classroom setting. It helps people with learning disabilities live purposeful and meaningful lives. They're able to build connections with those around them and develop the confidence to better experience life as a citizen in their local community. Students learn valuable skills about how to:

- **use public transport**
- **stay healthy**
- **go shopping and use money**
- **access local services**
- **use mobiles, tablets and apps**
- **make friends**
- **stay happy, calm and relaxed**

The project is user led

Students complete regular surveys to track progress. This looks at where they are currently and what they would like to learn about and develop as part of the course. Alongside information gathered as part of our student star and individual goal setting, this ensures that learning is tailored to the needs of the group.

Learning is practical

Being community based students are learning in real-life settings. Meeting new people in new environments helps to build independence and confidence.

Strong links with home

Regular feedback to parents and carers helps embed learning outside of Share in home settings. Parents and carers complete regular surveys to track change and key priority areas.

Builds community awareness

We build connections with many organisations. We work closely with them to provide feedback on their services. This helps shape our local community and improve access for people with disabilities.



"We went to the dentist. Cleaning teeth. Chris had his teeth cleaned. Fillings. The dentist puts on a mask and gloves. It was a good trip. Eating – no chocolate, no crisps – eat banana and water – healthy!"

"(You can go to the pharmacy if) you have a sore in your mouth or a bad cough or if you have a bad back or itchy eye. You can buy toothpaste and deodorant."

"I've calmed down a lot. Good talking about if you're frustrated. Talking about how to calm anger."



"Working with Share has been a great opportunity to hear feedback on our materials and the structure of the guided walk so we can continue to improve the guided walks for all visitors to our parks."



I can run the kitchen

Fatima has shown such promise in the kitchen that she's now cooking and serving the many lunches that the Share kitchen prepare on a daily basis for students and staff at our onsite café. She's also independently using the till to take payments which helps develop her customer service experience. Taking the lead in these tasks is increasing her confidence, she loves taking charge and she's doing a great job!

"I enjoy different aspects of learning and I like to learn different skills."



May

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Bake

Fatima

Fatima was fairly quiet and shy when she first joined Share. She was interested in catering but lacked confidence in herself and her abilities in the kitchen. Her catering tutor realised she needed to explore all areas of the kitchen and to develop her knife skills and soon she began to thrive. Fatima loves cooking and wants to learn more about front of house. Her ultimate goal is to become a professional chef.

She has started to work on the stove preparing sauces, stews and vegetarian dishes. She's also taking on the role of being head chef once a week so she can experience and understand how to ensure the kitchen runs smoothly.

Fatima has passed both the Introduction and Foundation level to food safety which is a qualification accredited by the Chartered Institute of Environmental Health (C.I.E.H). She's also developed skills in handling money and customer service by using the till at lunchtimes at our onsite café and catering service, where a range of meals are prepared and cooked daily. Applying these skills in a real-life setting has helped Fatima understand all about dealing with people in a café or restaurant.

This has really boosted her confidence and she's overcome her initial shyness. Fatima is outgoing, likeable and kind and has made lots of friends at Share. She's a dedicated student and shows a real concern for her fellow classmates, always offering to support them and is keen to share her ideas.

Fatima has also been working on our Independent Living Skills programme and gaining an understanding

of different types of workplaces, the skills needed to undertake various careers and how individuals communicate in a work setting. This is helping her take steps towards employability and we continue to see Fatima's confidence in this area grow.

As Fatima says, "I am learning life changing skills and making friends and trying to socialise with them and discussing different topics with them... the time for me in Share is a very good time and very fun and enjoyable".





I can sell plants to customers

Charlotte sells plants cultivated and grown by students at Share Nurseries. She talks to customers, finds out their needs and explains about different plants and where they should be positioned. As well as giving practical advice Charlotte takes payment using iZettle, an app to take card payments on the iPad, so she's gaining excellent customer service skills.

“What makes me happy selling plants is the customers come over so I can talk to them and tell them what we do, and we also sell veg too.”

June

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Volunteers

Volunteers continue to form a vital part of our success, supporting us in all areas including our music, digital, horticulture, catering, art and life skills programmes. Our creative writing groups are entirely facilitated by volunteer writers and authors. Volunteers also work as social buddies on our buddyship programme for Go Anywhere Do Anything.

We provide extensive volunteer support and supervision. Volunteers benefit from a comprehensive induction and on-boarding process, plus ongoing training. They're helping us more than ever before and we couldn't do what we do without them.

- **33 volunteers** at our headquarters and garden
- **34 social buddies** for Go Anywhere Do Anything
- **317 corporate volunteers** coming for a day or two
- **5,500 total volunteer hours** donated

Our volunteer survey found:

- **100% of respondents** would recommend volunteering with Share
- **100% of respondents** say they get a sense of satisfaction and sense of achievement from volunteering with Share
- **100% of respondents** felt appreciated whilst at Share

"I count my three years' volunteering at Share as one of the highlights of my life. I have been continually inspired by my students, their warmth, their courage and their creativity, and I have felt that as a previous volunteer said to you, 'I am my best self when I'm with them.'"



"I've felt welcome at Share and made great connections with a lot of students. I appreciate the opportunities Share has given me to grow as a person."

"It is a pleasure volunteering for Share! Thank you for all of your support."



I can make my own breakfast

After Mansoor's family told us they were keen for him to make his own breakfast, we've encouraged him to do it. We made a set of easy read instructions detailing the steps needed to complete this task. After taking them home to work through and with the support of his parents Mansoor has proudly made his own breakfast and loves to tell us each time he does!

July

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Andrew

We've always known that Andrew understands what we say and can follow instructions easily. But much of our work with Andrew has involved engaging him with activities to find out his likes and dislikes, and looking for new and innovative ways to communicate with him. We noticed that he had some knowledge of Makaton, so we've tried to develop this to help him express his meaning, needs and wishes. And we've also explored using a visual communication board to help him build sentences and tell us about what he's been doing at home.

This has included a lot of one-to-one work with different staff members in the team. Over the past few months, this has led to a number of discoveries about Andrew and a marked change in the way he interacts with people. For example:

- Andrew is becoming more responsive to contact with other people, maintaining eye contact more and getting less distracted;
- Andrew is very clear about what he would like to eat for lunch and will indicate clearly what he would like more or less of (although we're pretty sure he's joking around with us when he queues up for a second helping of lunch!);
- He is able to easily find an internet browser and YouTube on the computer to search for things he likes, such as the TV personality, Lorraine Kelly, or sports shows, such as Match of the Day;

- We know he likes sport too – a while back, Andrew initially signalled he didn't want to attend Share's Sports Day at a local leisure centre, but on the day he was hanging around the group that was going out so we took him with us. He seemed to have a really great day and took part in many of the activities on offer – we discovered he was especially good at golf. He also played tennis, rugby and even tried cycling!
- A number of tutors have noticed improvements in Andrew's typing and writing skills, especially writing his own name. He's been able to copy and type out a couple paragraphs of text on the computer, correcting his mistakes along the way, and even 'voicing' the letters and signs that he is typing out. It was a joy to see him engaged throughout the task, and he seemed particularly happy when he was praised for a job well done.

We're very excited about Andrew's progress – he's growing in personality and growing in confidence, enough to start making his own choices and making himself understood. With our work on digital inclusion, we are also investigating a number of digital solutions to help Andrew communicate further still and open up a new world for him.





I can grow tomatoes

Hassan has thrived working at the Share garden, from being more on the outside of the group to taking the lead on activities like side shooting and tying in the tomatoes which he's now mastered. Hassan loves the satisfaction of completing his tasks and doing them well. As he said, "I am a hard worker", and he really is!



August

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Digital Inclusion

We continue to integrate technology into our learning environment. Using tablet devices has significantly enhanced how our students learn and communicate. We launched **Digital Life Skills**, the first class to solely use iPads for learning. This has allowed us to work better with students with literacy and communication barriers.

40 → 120 - we've trebled the number of students per week accessing iPads for learning.

Improved communication

Specialist apps like pictello have helped us support different learning styles, giving more independence to perform tasks, especially for those who struggle with literacy.

Greater expression

Using tablets for digital art is a valuable creative outlet. Our students have been able to have a creative voice to share feelings and thoughts which is especially important for those who struggle to do so through words. It also helps develop fine motor skills and is thoroughly enjoyed by all.

Better life skills

Our Independent Living Skills students have used iPads to help with price comparisons online for retailers, create shopping lists and find items instore. They've also used them as a timetable resource and for general information exchange. Horticulture students have used them to help with plant identification and to take payments using the iZettle app when selling plants.

Increased confidence

By removing frustrations around not being understood, iPads have helped many of our students enhance their learning and communication. The resulting independence and autonomy have helped students feel more confident.

"It's a great tool for those who are not communicating verbally. They've got more independence with iPads to do things. It's really good because we can turn recipes and tasks into step-by-step processes with Pictello; Pictello can read the steps out loud and there are pictures too which helps students who can't read"

"iPads help you to understand some stuff. You can use them for lots of things. They are quite useful for learning about stuff...I enjoy my classes with them it's more fun"

"iPads are really good, you can learn anything. When I do ICT I do emails by talking to it."



"I'm learning to use (the) iPad for emails, taking pictures, word searches. I like it."



I can use the self check-out

Searching for different items in shops, knowing how to ask staff for help when needed and paying for your shopping are important steps to independence. Chris is undaunted asking shop staff for assistance and has shown a real interest in finding goods in the local supermarkets. He's grown much more confident using the self check-out, scanning the items and using the card machine to pay.

September

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Daniel

Daniel is a really friendly, polite and positive person who smiles a lot. He studies horticulture and digital skills at Share.

Daniel's previous Student Star assessment showed he scored 7 in the area of physical health which meant he was starting to learn about this topic for himself. In discussions with Share's Healthy Living Coordinator, when setting his healthy living goals, Daniel had expressed an interest in joining a local exercise group and improving his fitness. He showed real commitment by joining two exercise groups in the community. Daniel said "It's good, I go every Friday, and have been doing exercise with my legs, feet and arms. I have to pay £3 but it's worth it because it's good for me. On Saturday, I also go swimming and I still do exercise at home like walking which helps me to sleep. I think it's the exercise that makes me feel better as it helps the blood circulate. It makes me happy and I feel better for it."

In addition, Daniel also attended Share's weekly Gym Group to help students improve fitness, coordination, strength and balance. He said "It was really good, I did the bike, treadmill and weightlifting. It felt very healthy and I felt good." Daniel has been able to meet his healthy living goals with regard to physical health and as a result of his efforts has achieved positive changes in his body mass index (BMI), functional muscle strength and flexibility.

Daniel also wanted to quit smoking and so our Healthy Living Coordinator supported him to attend the stop smoking service in Wandsworth. He chose a date to quit in December 2018 and hasn't had a cigarette since. "On

Wednesdays, the stop smoking champions are helping me quit and it's helping me feel healthier and fitter. I have a cup of tea or go out if I feel tempted." His achievements have been really inspiring and his kind and caring nature means he's been happy to help others meet their healthy living goals too.

Daniel has worked hard to achieve his goals. He said the Healthy Living Project "was good; it's helped me a lot and

I've enjoyed taking part. We did the exercise group, went cooking and learned how to cut tomatoes and peppers, it was interesting. It's good for your heart and your body. The best way to look at it is to take one day at a time".

Daniel's family commenting on his progress said: "Daniel and ourselves are very proud of him in all his achievements and would like to thank Share for all the support they have given him."





I can do the ironing

As part of training in catering our students undertake practical experience and learn about health and safety and maintaining hygiene levels. This means they all wear the correct kitchen aprons and hats to help protect them and understand what life is like in a professional kitchen setting. To keep our catering team looking smartly dressed, students learn skills like ironing. Yasmin expressed an interest in ironing the many aprons that our kitchen use and she's done it ever since!

"I used to work in a laundry so I've got the experience. I'm a pretty good ironer and I'm very happy with it!"

October

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Thanush

Thanush has always been a great character to be around. He is cheerful and likes a bit of banter. When he first joined us, he was uncomfortable sharing a huge amount about himself and preferred not to contribute to our pastoral sessions, where students talk about their lives and what they got up to at the weekend

Since then he has really come out of his shell. From only saying one or two words, now he happily shares what he's been up to and how he's feeling with the group.

Thanush has gradually become more focused on the tasks given to him and has a great memory. He's also very good at serving. This has meant he has joined the catering team on trips to prepare and serve food at local events, gaining valuable work experience. This has really enhanced his skills as a team player. One day, he'd like to be an actor or a kitchen porter.

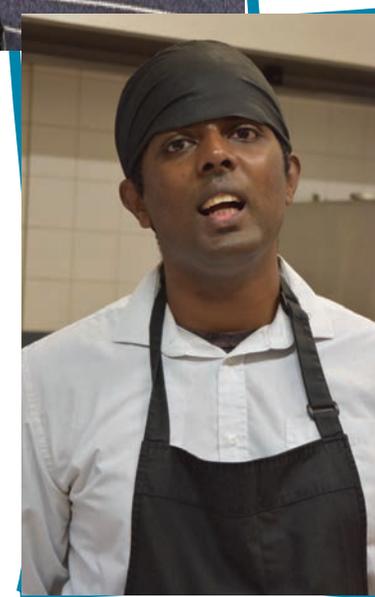
He enjoys words and word play and although he doesn't always initiate conversation with others he'll answer questions and participate heartily in class activities. He loves talking to people, saying random words and having them repeated back or a 'yes/no' game where he tries to get the other person to say either yes or no back to him.

Thanush responds well to sensory tools, he spends time in our relaxation room at breaks where he often strokes a sequin pillow to unveil other colours and plays with 'theraputty', or 'squishy goo' as he prefers to call it, which is colourful and comes in different strengths. This love of bright colours can be seen in his artwork too and also explains his love of playing Candy Crush Saga in his free time, a very colourful game.

His cheerful personality extends to an enjoyment of helping others, but he doesn't like being the centre of attention for too long - often saying 'I am finished now' when he has had enough. He likes having clear tasks and a routine to work to. Life at Share has supported this, enabling Thanush to have a structure that has helped him develop his skills and enjoyment of life.

Thanush has done so many great things since arriving at Share, but his biggest achievement is overcoming his discomfort and really getting involved in all activities. He will now not only get up and have a dance but encourage others around him to do as well. It's great to see him so clearly enjoying life.

"I feel happy when I come to Share Community. I like to learn new things every week."

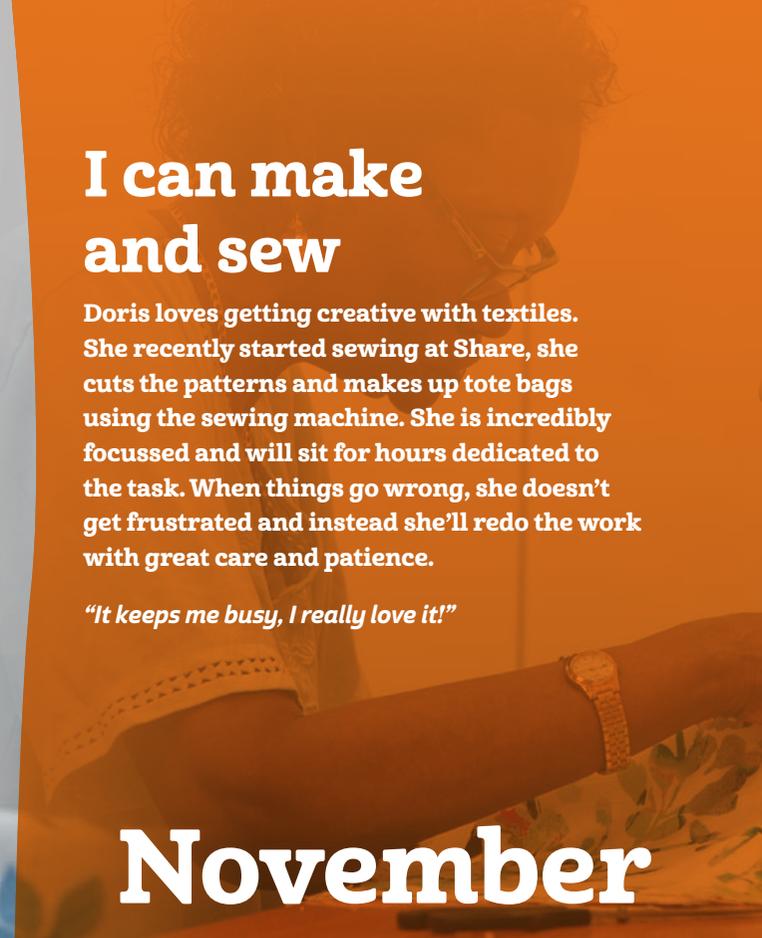




I can make and sew

Doris loves getting creative with textiles. She recently started sewing at Share, she cuts the patterns and makes up tote bags using the sewing machine. She is incredibly focussed and will sit for hours dedicated to the task. When things go wrong, she doesn't get frustrated and instead she'll redo the work with great care and patience.

"It keeps me busy, I really love it!"



November

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|--------|---------|-----------|----------|--------|----------|--------|
| | | | | | | 1 |
| 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 9 | 10 | 11 | 12 | 13 | 14 | 15 |
| 16 | 17 | 18 | 19 | 20 | 21 | 22 |
| 23 | 24 | 25 | 26 | 27 | 28 | 29 |
| 30 | | | | | | |

Financial Review 2018-2019

| INCOME | | EXPENDITURE | |
|----------------------|------------------|------------------------------|------------------|
| Spot purchase | 880,858 (74.3%) | Independent living skills | 758,117 (68%) |
| Grants and donations | 216,672 (18.3%) | Horticulture training | 333,119 (30%) |
| Social enterprise | 28,532 (2.4%) | Marketing & fundraising cost | 30,225 (3%) |
| Other income | 58,797 (5.0%) | | |
| TOTAL | 1,184,859 | TOTAL | 1,121,461 |

FINANCIAL PERFORMANCE DURING THE LAST 5 YEARS

| | INCOME | EXPENDITURE | SURPLUS/DEFICIT |
|-----------|-----------|-------------|-----------------|
| 2014-2015 | 936,545 | 743,609 | 192,936 |
| 2015-2016 | 952,147 | 818,591 | 133,556 |
| 2016-2017 | 973,051 | 934,498 | 38,553 |
| 2017-2018 | 1,090,628 | 1,015,730 | 74,898 |
| 2018-2019 | 1,184,859 | 1,121,461 | 63,398 |

Thank you to our funders

| | |
|---|--|
| <i>Arts Council</i> | <i>Merchant Taylors' Company</i> |
| <i>Awards for All</i> | <i>Percy Bilton Charity</i> |
| <i>Baily Thomas Charitable Fund</i> | <i>Peter Stebbings Memorial Trust</i> |
| <i>Battersea Power Station Foundation</i> | <i>R & H Trust</i> |
| <i>Centre 4 Learning</i> | <i>SDS London</i> |
| <i>City Bridge Trust</i> | <i>Sports England</i> |
| <i>Free Sports Fund</i> | <i>The Drapers' Company</i> |
| <i>Garfield Weston Foundation</i> | <i>Thomas J Horne Memorial Trust</i> |
| <i>Henry Smith Charity</i> | <i>T & S Williams Charitable Trust</i> |
| <i>Ian Karten Charitable Trust</i> | <i>Wandsworth Clinical Commissioning Group</i> |
| <i>Lloyds Bank Foundation</i> | <i>Wandsworth Grant Fund</i> |
| <i>London Borough of Wandsworth</i> | <i>Wimbledon Foundation</i> |
| <i>Mercers' Company</i> | <i>29th May 1961 Trust</i> |

The Charity's income was £1,184,859 in the year ended 31 March 2019, compared to £1,090,628 in 2017-18. This welcome change was largely the result of increased spot purchase numbers and fundraising income.

The total expenditure was £1,121,461 in the year ended 31 March 2019, compared to £1,015,730 in 2017-18. The net result was therefore a surplus of £63,398 during 2018-19, compared to £74,898 in 2017-18.

The Charity held unrestricted funds of £1,078,682 at the year end, of which £774,687 is tied up in fixed assets.



I can go clubbing

Claire loves to party! Since becoming a member of Go Anywhere Do Anything she has always said she wanted to go out clubbing. Before this she had some trouble walking and didn't socialise a huge amount with friends. Our trip to a local club certainly didn't disappoint. Claire's mum said "She was over the moon. She raved on about it for days."

"I had a really good time clubbing we stayed out till really late. We went to cocktail bar first then a club. I danced with the girls. I danced with a guy too..."

December

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|--------|---------|-----------|----------|--------|----------|--------|
| | 1 | 2 | 3 | 4 | 5 | 6 |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| 28 | 29 | 30 | 31 | | | |

What our students have to say:

- In our annual stakeholder survey **98%** of respondents said they **felt happy** (83%) and OK (15%) about being at Share.
- Share seems to be helping students well with different aspects of their life. **'Being more active'**, **'eating healthier'** and **'making new friends'** scored the highest overall with **90%+** students saying we helped in this area.
- **88%** felt we helped them make **decisions by themselves**, **83%** felt we helped them **do things on their own** and **75%** felt we helped them with **'getting a job or volunteer role'**.

"Exercise is good for your health. I am going to the gym and eating much healthier. I am eating carrots and broccoli."

"I just love everything about Share."

"It's fun. I love coming to Share garden to make friends, and I like to work with volunteers. I like being with my friends and the staff. It's all good, it's all nice."

"Share helps me to make decisions by listening. Staff talk to me and help me to do things on my own."

And here's what parents and carers said:

- Our survey found **100%** of parents and carers felt that we were excellent, good or OK at enabling and encouraging the person they support to have **better communication skills, better relationships**, opportunities to **try new things** and **more confidence**.
- **97%** felt that we were excellent, good or OK at **improving students' independence**.

"My daughter is excited about going to Share and as she has become so involved, she has come to care for others as well as herself."

"Share gives an opportunity for people to grow at their own pace with all the help and support needed."

"You've done so much for him. He had no confidence before coming to Share and now he is so capable and confident because of the respect you show him and others."

"He is more responsible and every day he learns something new and shares it at home."

How to join Share

Students may be referred by social workers or any other professionals.
You may also refer yourself.

Step 1:

Fill out a course enquiry form.

This can be done in print or online at www.sharecommunity.org.uk

Step 2:

Arrange a visit to Share.

Our wellbeing team will contact you or your support team to arrange a meeting to discuss your specific needs and interests.
We also discuss funding options.

Step 3:

Arrange some taster days.

We'll arrange some days for you to try out the programmes you're interested in to make sure they are right for you.

Step 4:

Start your journey at Share.

If you're happy to proceed, we'll work with you and your support team to help secure funding so that you can start your journey with us as soon as possible.



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