



Health and Wellbeing Facilitator

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| Hours: | 35 hours, Monday to Friday, with occasional weekend and evening work |
| Contract: | Permanent |
| Salary: | £27,824 p.a. plus 5% pension contribution |
| Annual Leave: | 25 days per year, pro rata (increasing by one day per year until you reach a maximum of 30) |
| Location: | 64 Altenburg Gardens, London, SW11 1JL, and 336 Brixton Road, SW9 7AA |
| Reporting to: | Satellite and Community Services Manager |

About us

At Share, we're passionate about supporting disabled people to set their own goals for learning and life, and then helping them to achieve their aspirations. The majority of our students are people with learning disabilities and/or autism. We offer a range of training, employment, personal development, and leisure opportunities. Our focus is on social and economic inclusion of disabled people in the community through supporting them to be more independent, have better health and wellbeing, and move towards employment.

The role

You'll be responsible for organizing and facilitating our Health and Wellbeing project. You will facilitate group activities for adults, most of whom have learning disabilities. Some are also autistic, have mental ill-health and physical and sensory health challenges. Your activities will help to prepare people with learning disabilities for more autonomous control and understanding over their physical and mental health so that they are able to live more independently. Activities will take place within the community as well as at our training centre, and will make optimal use of digital technology and our domestic kitchen.

You will work as part of a community services team, taking a lead on planning and delivering creative and wellbeing based activities, some of which will be based in the community. These activities will improve overall health & wellbeing for our students and broaden their access to their community. You will work closely with our students to plan the sessions and maintain and develop community stakeholders. You will help people to become more confident about their own health and wellbeing, learning who in the community can support them with this and having appropriate strategies to manage their health. This post requires a flexible and proactive approach to work.

Who we are looking for

You will have a good understanding of the challenges faced by adults with learning disabilities and a strong commitment to the inclusion of disabled people in all aspects of life. Ideally, you will have experience of working within a social care, health or support worker role, with adults with learning disabilities and autism. You will take a collaborative and empowering approach, working with students, partners and volunteers to plan and deliver person centred community services. You will have excellent planning and time management skills. You will need to be an energetic people person who approaches projects and challenges in a creative and flexible way.

Main Responsibilities

- To plan and deliver a programme of activities to support the students' learning goals, health and social development, ensuring sessions are creative, challenging and engaging and take place both inside and outside of Share's training centre.
- To develop positive rapport with the diverse students on our Health and Wellbeing programme. This will include using aids to communication, including Makaton and using digital apps.
- To develop awareness of sensory preferences and other needs to promote a positive learning environment for individual students on the autistic spectrum.
- To support in assessing students' learning and health needs and contribute to designing each student's individual development plan and Student Star record, taking part in regularly reviewing them.
- To maintain a record of daily activities using various digital media such as photos and videos, and communicate progress at agreed intervals to support network, including reviewing and recording the students' progress on a monthly basis, and maintaining computerised student records.
- Work to expand our local community networks by identifying and developing partnerships and opportunities with businesses and like-minded organisation.
- Support the recruitment and retention of regular volunteers that support your groups, by following best practice as guided by the Volunteer Coordinator.
- Add to and manage each student's portfolio of evidence.
- To work as a collaborative member of the wider Share team.
- Carry out risk assessments where required.
- Produce case studies to demonstrate the impact of our work
- To work at all times within a framework of equality of opportunity and in a way that values each student.
- To undertake any training that may be required in order to fulfil the role as effectively as possible including courses to update knowledge in best practice in autism, Safeguarding of Vulnerable Adults, Makaton and Basic Food Hygiene.
- To attend and take part in Share staff meetings, supervisions, organisational events and external events as required.
- To undertake any other tasks as may reasonably be required.

Person Specification

Essential experience

1. Experience of facilitating interactive sessions that enable people to acquire new skills, both social and practical, to foster a better understanding of their health and wellbeing.
2. Experience of planning schemes of work and project activities. achieving targets, with a good attention to detail
3. Experience of working with disabled people from diverse communities, including those with learning disabilities and autism, in an empowering way.
4. Experience of identifying, building and maintaining positive relationships with a wide range of individuals, partner organisations, support networks and agencies on behalf of clients.
5. Experience of having a busy and varied workload and achieving given deadlines.

Essential Skills and knowledge

1. Excellent administration, organisational and time management skills.
2. Strong ICT skills and full competence in use of the Microsoft Office suite (in particular Outlook and Word), iPads, mobile technology and databases.
3. Good literacy and numeracy skills, with the ability to produce clear, well-presented, concise reports and session plans.
4. Knowledge about best practice in autism and supporting adults with learning disabilities.

5. Great listening, communication and facilitation skills, including the ability to communicate with those who are non-verbal.

Essential Personal Qualities

1. An understanding of what helps disabled people to become fully socially included, and a deep sense of justice and commitment to equality for all and belief that everyone has something to offer others.
2. A strong team-player who enjoys working with others and can build good working relationships with staff, partners, volunteers, families/carers and members.
3. Personal flexibility and the ability to work in a way that is adaptable, reliable and focused on the needs of each individual
4. The ability to solve problems creatively, explore options and manage tricky situations.

Desirable

1. Social care qualification
2. Current First Aid certificate
3. Proficiency in Makaton
4. Background in health services
5. Knowledge of the local area

How to apply

We positively welcome applications from all parts of the community and from people with diverse cultural backgrounds and lived experience.

To apply for this role, please send us your CV and a personal statement addressing the three questions below:

1. What are the top three qualities that would make you an excellent Facilitator at Share?
2. What is your understanding of challenging behaviour?
3. How would you develop the Health and Wellbeing programme at Share?

Please also complete and send us an equal opportunities form and send us the three documents at hadmin@sharecommunity.org.uk.

If you would like to have chat about the role or visit us prior to applying, please contact a member of the HR team at hadmin@sharecommunity.org.uk or on 0207 801 9829.

We focus on ability and believe people work best when they feel valued, safe and happy. We do all that we can to make sure that Share is friendly and welcoming to everyone. All CVs and applications are sanitised to ensure unbiased recruitment.

This job is subject to two satisfactory references, evidence of qualifications, an enhanced DBS check and providing evidence of the right to work in the UK. If you are disabled and would like to discuss other ways of submitting your application, please contact us on 020 7924 2949.

Our privacy policy for job applicants can be found here: <https://www.sharecommunity.org.uk/privacy-policy-job-applicants>

We look forward to receiving your application.

