



Sport & Fitness Support Worker

Hours:	18 hours per week
Days:	Monday, Tuesday and Thursday, 9:30am to 4:30pm. Including 1 hour unpaid lunch break. Occasional evening or weekend work is required
Contract:	Permanent
Salary:	£13.85 per hour (£25,207 FTE salary) plus 5% pension contribution
Annual Leave:	25 days per year pro-rata (increasing by one day per year until you reach a maximum of 30)
Location:	The post will primarily be based at Share Vauxhall, Beaufoy Walk, London SE11 6AA, but may occasionally be expected to work at our other sites in Tooting, Brixton and Clapham Junction.

The role

This is a multi-faceted role supporting adults with learning disabilities and/or autism. You'll work as part of a small team working from our Vauxhall site to support the delivery of Sport and Fitness sessions and provide one-to-one support to our students.

You'll help students achieve their goals and ensure sessions are fully inclusive and enjoyed by everyone. You'll help people develop skills, better manage new or challenging social situations, and live healthier and more fulfilled lives. You'll be inclusive and person-centred in your approach at all times. You will also provide some basic administrative support.

Who we are looking for

Our ideal candidate will have experience of working or volunteering in a social care, health or support worker role, supporting adults with learning disabilities and autism. Direct experience in delivering sport or fitness activity would also be an advantage. You'll have a strong commitment to the inclusion of disabled people in all aspects of life. You'll be an energetic people-person who enjoys being out and about and taking part in different activities (this could be anything from sport to walking in nature). You'll be flexible, able to follow instructions whilst using your initiative to problem solve and think on your feet. You'll be a patient, supportive and empowering person who pays close attention to student wellbeing.

About us

At Share, we're passionate about supporting disabled people to set their own goals for learning and life, and helping them to achieve their aspirations. Most of our students are people with learning disabilities and/or autism. We offer them training, employment, personal development, and leisure opportunities. We help disabled people to be more independent, have better health and wellbeing, move towards employment, and enjoy the same access to leisure opportunities as everyone else.

We are accredited by the National Autistic Society and hold Investors in People – Gold. We celebrate diversity and we value kindness and care for others alongside working to very high professional standards.

Job Description

You will:

- Work flexibly to support our students to participate in sports and fitness activities.
- Identify students who require one-to-one assistance or who have more complex needs and provide person centred support.
- Lead sessions where smaller groups are required for projects or activities.
- Set up, plan and lead free-time activities.
- Create resources to support individual students' unique styles of learning.
- Work with the team to ensure that each student's individual goals around independence and wellbeing are being achieved.
- Support, and assist with, the running of activities to ensure they run smoothly, that students enjoy their day and stay safe.
- Ensure site safety protocols are observed, including all students are accounted for and their whereabouts known.
- Support the facilitator to ensure that activities are differentiated and accessible for students.
- Carry out activities in line with Share's risk assessments and highlight any concerns to your line manager.
- Promote effective communication and relationships amongst students and to be aware of communication and personality differences.
- Support the Wellbeing team by providing pastoral support to students as and when required.
- Provide administrative support such as preparing for activities, data inputting and evidence gathering for portfolios.
- Monitor and record project and student activities using various digital media such as photos and videos, and communicate progress at agreed intervals to our students' support networks.
- Produce case studies to demonstrate the impact of our work.
- Work in a way that celebrates diversity and values each student and their choices.
- Maintain student confidentiality throughout and adhere to Share's policies on data protection.
- Undertake any training that may be required in order to fulfil the role as effectively as possible.
- Attend and take part in Share staff meetings, supervisions, and other events as required.
- Undertake any other tasks that may reasonably be required.

Person Specification

Essential experience

1. Paid or unpaid experience of working within social care and providing services directly to adults with learning disabilities and autism
2. Experience of delivering inclusive sport or fitness activities
3. Experience and enjoyment of working in busy and varied people-facing role, preferably in the community
4. Excellent verbal and written communication skills
5. Good ICT skills and competence in the use of Microsoft Office, databases and mobile technology
6. Great listening skills, with high levels of warmth, empathy and resilience
7. Able to inspire trust and confidence, behaving with integrity and honesty at all times
8. An understanding of what helps disabled people to become fully socially included, a deep sense of justice and commitment to equality for all, and belief that everyone has something to offer others
9. A strong team-player who enjoys working with others and can build good working relationships with staff, volunteers, families/carers and members
10. Personal flexibility and the ability to work in a way that is adaptable, reliable and focused on the needs of each individual
11. Able to solve problems creatively, explore options and manage demanding or tricky situations

Desirable

1. Able to use Makaton
2. First Aid certificate

How to apply

We positively welcome applications from all parts of the community and from people with diverse cultural backgrounds and lived experience.

Please send us your CV and a cover letter. In your letter, please tell us:

1. What is your experience of working with SEN adults in a training capacity?
2. What is your understanding of challenging behaviour?
3. What are your top three qualities that make you an excellent support worker?

Please complete our equal opportunities form which can be downloaded on our website. Please return the three documents (CV, cover letter and equal opportunities form) to hadmin@sharecommunity.org.uk.

If you would like to have chat about the role or visit us prior to applying, please contact us at hadmin@sharecommunity.org.uk or on 0207 801 9829.

We focus on ability and believe people work best when they feel valued, safe and happy. We do all that we can to make sure that Share is friendly and welcoming to everyone. All CVs and applications are sanitised to ensure unbiased recruitment.

This job is subject to two satisfactory references, evidence of qualifications, an enhanced DBS check and providing evidence of the right to work in the UK. If you are disabled and would like to discuss other ways of submitting your application, please call the HR team on 0207 801 9829.

[Read our privacy policy for job applicants.](#)

We look forward to receiving your application.

