



Sport & Fitness Support Worker

Hours:	24 hours per week
Days:	Monday, Tuesday, Wednesday and Thursday, 9:30am to 4:30pm. Including 1 hour unpaid lunch break. Occasional evening or weekend work is required
Contract:	Permanent
Salary:	£26,936 p.a pro rata (actual salary: £18,470 p.a) plus 5% pension contribution
Annual Leave:	28 days per year pro-rata (increasing by one day per year until you reach a maximum of 33)
Location:	The post will primarily be based at Share Vauxhall, Beaufoy Walk, London SE11 6AA, but may occasionally be expected to work at our other sites in Tooting, Brixton and Clapham Junction.

The role

This is a multi-faceted role supporting adults with a learning disability and autistic adults. You'll work as part of a small team working from our Vauxhall site to support the delivery of Sport and Fitness sessions and provide one-to-one support to our students.

You'll help create a positive, welcoming and inclusive environment where everyone can participate, have fun and develop their confidence. You'll support students to work towards their individual goals, develop new skills, build independence, feel more comfortable in social situations and support their sports and fitness progression.

The role will also involve helping with the practical set-up and delivery of sessions, supporting students during activities, and providing some basic administrative support to the team.

This is an ideal opportunity for someone who is passionate about sport and physical activity, enjoys working with people and wants to make a positive difference to the lives of adults with a learning disability or autistic adults.

Who we are looking for

Our ideal candidate will have experience of working or volunteering in a social care, health or support worker role, supporting adults with a learning disability and autistic adults. Direct experience in delivering sport or fitness activity would also be an advantage. You'll have a strong commitment to the inclusion of disabled people in all aspects of life. You'll bring energy, patience, a positive attitude and be a people-person who enjoys being out and about and taking part in different activities (this could be anything from sport to walking in nature).

You'll be flexible, able to follow instructions whilst using your initiative to problem solve and think on your feet. You'll be a patient, supportive and empowering person who pays close attention to student wellbeing. You'll enjoy working as part of a small team and be happy to get stuck in — whether that means supporting an individual student, leading a session or helping with the practical tasks that keep sessions running smoothly.

About us

Share is a registered charity and a centre for training and wellbeing. We provide a range of programmes empowering adults with a learning disability, autistic adults, and adults with other support needs to live happier, healthier, and more independent lives. Our vision is a world where disabled people are fully included in society, living the life they choose, and we need talented people to help us make that happen.

We are accredited by the National Autistic Society, and we hold Investors in People – Gold. We celebrate diversity and we value kindness and care for others alongside working to very high professional standards

Job Description

You will:

- Support students to participate in a range of sports, fitness and physical activities, adapting your approach to individual needs and abilities
- Provide one-to-one support to students who need additional assistance, including students with more complex support needs
- Set up and organise sports equipment, support the Sports Coach with warm-ups and activities, and actively encourage and engage students in sport and physical activity
- Lead sessions where smaller groups are required for projects or activities.
- Set up, plan and lead free-time activities
- Create resources to support individual students' unique styles of learning
- Work with the team to ensure that each student's individual goals around independence and wellbeing are being achieved
- Support, and assist with, the running of activities to ensure they run smoothly, that students enjoy their day and stay safe
- Ensure site safety protocols are observed, including all students are accounted for and their whereabouts known
- Support the facilitator to ensure that activities are differentiated and accessible for students
- Carry out activities in line with Share's risk assessments and highlight any concerns to your line manager
- Promote effective communication and relationships amongst students and to be aware of communication and personality differences
- Support the Wellbeing team by providing pastoral support to students as and when required
- Provide administrative support such as preparing for activities, data inputting and evidence gathering for portfolios
- Monitor and record project and student activities using various digital media such as photos and videos, and communicate progress at agreed intervals to our students' support networks
- Produce case studies to demonstrate the impact of our work

- Work in a way that celebrates diversity and values each student and their choices
- Maintain student confidentiality throughout and adhere to Share's policies on data protection
- Undertake any training that may be required in order to fulfil the role as effectively as possible
- Attend and take part in Share staff meetings, supervisions, and other events as required
- Undertake any other tasks that may reasonably be required

Person Specification

Essential experience

1. Paid or unpaid experience of working within social care and providing services directly to adults with a learning disability and autistic adults
2. Experience supporting adults with a disability to work towards their goals ideally within a sports and fitness setting
3. Experience and enjoyment of working in busy and varied people-facing role, preferably in the community
4. Enjoys being active and taking part in sport or physical activity, as well as being comfortable participating alongside students in a range of activities.
5. Excellent verbal and written communication skills
6. Good ICT skills and competence in the use of Microsoft Office, databases and mobile technology
7. Great listening skills, with high levels of warmth, empathy and resilience
8. Able to inspire trust and confidence, behaving with integrity and honesty at all times
9. An understanding of what helps disabled people to become fully socially included, a deep sense of justice and commitment to equality for all, and belief that everyone has something to offer others
10. A strong team-player who enjoys working with others and can build good working relationships with staff, volunteers, families/carers and members
11. Personal flexibility and the ability to work in a way that is adaptable, reliable and focused on the needs of each individual
12. Able to solve problems creatively, explore options and manage demanding or tricky situations

Desirable

1. Able to use Makaton
2. First Aid certificate

How to apply

We positively welcome applications from all parts of the community and from people with diverse cultural backgrounds and lived experience.

Please send us your CV and a cover letter. In your letter, please tell us:

1. What is your experience of working with SEN adults in a training capacity?
2. What is your understanding of challenging behaviour? And how would you respond?
3. What are your top three qualities that make you an excellent support worker?

Please complete our equal opportunities form which can be downloaded on our website. Please return the three documents (CV, cover letter and equal opportunities form) to hadmin@sharecommunity.org.uk.

If you would like to have chat about the role or visit us prior to applying, please contact us at hadmin@sharecommunity.org.uk or on 0207 801 9829.

We focus on ability and believe people work best when they feel valued, safe and happy. We do all that we can to make sure that Share is friendly and welcoming to everyone. All CVs and applications are sanitised to ensure unbiased recruitment.

This job is subject to two satisfactory references, evidence of qualifications, an enhanced DBS check and providing evidence of the right to work in the UK. If you are disabled and would like to discuss other ways of submitting your application, please call the HR team on 0207 801 9829.

[Read our privacy policy for job applicants.](#)

We look forward to receiving your application.

