



## Health and Wellbeing Facilitator

Hours:	18 hours per week (over 3 days)
Days:	Monday, Tuesday and Wednesday, with occasional weekend and evening work
Contract:	Permanent
Salary:	£25,750 – £26,750 p.a. pro-rata, plus 5% pension contribution
Annual Leave:	25 days per year (increasing by one day per year until you reach a maximum of 30)
Location:	64 Altenburg Gardens, London, SW11 1JL however some of your week will be spent out of the office
Closing date:	6 <sup>th</sup> July 2021
Interview date:	15 <sup>th</sup> July 2021
Reporting to:	Health and Community Manager

### About us

At Share, we're passionate about supporting disabled people to set their own goals for learning and life, and then helping them to achieve their aspirations. The majority of our students are people with learning disabilities and/or autism. We offer a range of training, employment, personal development, and leisure opportunities. Our focus is on social and economic inclusion of disabled people in the community through supporting them to be more independent, have better health and wellbeing, and move towards employment.

### The role

You will facilitate Health and Wellbeing sessions three days a week, to groups of adults, most of whom have learning disabilities. Some are also autistic, have mental ill-health and physical and sensory health challenges. The Health and Wellbeing sessions are to prepare people with learning disabilities for more autonomous control and understanding over their physical and mental health so that they are able to live more independently. They will take place within the community as well as at our training centre, and will make optimal use of digital technology.

You will help people to become more confident about their own health and wellbeing, learning who in the community can support them with this and having appropriate strategies to manage their health.

### Who we are looking for

Our ideal candidate would have experience of working within a social care, health or support worker role, with adults with learning disabilities and autism. You'll have a good understanding of the challenges faced by adults with learning disabilities and adults. You'll have a strong commitment to the inclusion of disabled people in all aspects of life. You'll need to be an energetic people person who likes to keep busy, leads by example, and is able use initiative to problem solve and think quickly.

### Main Responsibilities

- To plan and deliver a programme of activities to support the students' learning goals, health and social development, ensuring sessions are creative, challenging and engaging and take place both inside and outside of Share's training centre.
- To develop positive rapport with the diverse students on our Health and Wellbeing programme. This will include using aids to communication, including Makaton and using digital apps.

- To develop awareness of sensory preferences and other needs so as to promote a positive learning environment for individual students on the autistic spectrum.
- To support in assessing students' learning and health needs and contribute to designing each student's individual development plan and Student Star record, taking part in regularly reviewing them.
- To maintain a record of daily activities using various digital media such as photos and videos, and communicate progress at agreed intervals to support network, including reviewing and recording the students' progress on a monthly basis, and maintaining computerised student records.
- To develop and source resources suitable for delivery of the Health and Wellbeing programme, including venues and resources in the community – for example leisure facilities, dentists, opticians, kitchen facilities for healthy cooking training etc.
- Support the recruitment and retention of regular volunteers that support your groups, by following best practice as guided by the HR Manager.
- Add to and manage each student's portfolio of evidence which they'll receive at our yearly annual awards day.
- To work as a collaborative member of the Wellbeing and Independent Living Team.
- To work at all times within a framework of equality of opportunity and in a way that values each student.
- To undertake any training that may be required in order to fulfil the role as effectively as possible including courses to update knowledge in best practice in autism, Safeguarding of Vulnerable Adults, Makaton and Basic Food Hygiene.
- To attend and take part in Share staff meetings, supervisions, organisational events and external events as required.
- To undertake any other tasks as may reasonably be required.

## **Person Specification**

### **Essential experience**

1. Experience of working within a social care environment and providing services directly to adults with learning disabilities and autism.
2. Experience of supporting disabled people to live independent, autonomous and happy lives.
3. Experience of facilitating interactive sessions that enable people to acquire new skills, both social and practical, to foster a better understanding of their health and wellbeing.
4. Experience of having a busy and varied workload and achieving given deadlines.

### **Essential Skills and knowledge**

1. Excellent administration, organisational and time management skills.
2. Strong ICT skills and full competence in use of the Microsoft Office suite (in particular Outlook and Word), iPads, mobile technology and databases.
3. Able to learn and implement new technology and concepts quickly, and using your passion to inspire others
4. Good literacy and numeracy skills, with the ability to produce clear, well-presented, concise reports and session plans.
5. Knowledge about best practice in autism and supporting adults with learning disabilities.

## Essential Personal Qualities

1. A strong commitment to the inclusion of disabled people from a wide range of ethnic and cultural backgrounds in all aspects of life, including employment.
2. A strong team-player and natural leader who enjoys working alongside others to achieve goals.
3. Personal flexibility and the ability to work in a way that is adaptable and focused on the needs of each individual student.
4. The ability to solve problems creatively, explore options and manage stressful situations.

## Desirable

1. Social care qualification
2. Current First Aid certificate
3. Proficiency in Makaton
4. Background in health services
5. Knowledge of the local area

## How to apply:

Please complete our application form and equal opportunities form which can be downloaded here <https://www.sharecommunity.org.uk/jobs/health-and-wellbeing-facilitator>. Please return both by **Tuesday 6<sup>th</sup> July 2021 at 4pm** to [hradmin@sharecommunity.org.uk](mailto:hradmin@sharecommunity.org.uk). Interviews will take place on Thursday 15<sup>th</sup> July 2021.

If you would like to have chat about the role or visit us prior to applying, please contact Valentino Ferro on [valentinof@sharecommunity.org.uk](mailto:valentinof@sharecommunity.org.uk) or on 0207 801 9829.

We focus on ability and believe people work best when they feel valued, safe and happy. We do all that we can to make sure that Share is friendly and welcoming to everyone.

**We welcome and encourage applications from people of all backgrounds. We're committed to recruiting a diverse workforce as we think it's important that we fully represent the people we serve. We therefore wish to attract more applications from groups currently under-represented on our staff team, particularly those from Black, Asian and Ethnic Minority backgrounds.**

This job is subject to two satisfactory references, evidence of qualifications, an enhanced DBS check and providing evidence of right to work in the UK. If you have a disability and would like to discuss other ways of submitting your application, please call Valentino on 0207 801 9829.

Our privacy policy for job applicants can be found here: <https://www.sharecommunity.org.uk/privacy-policy-job-applicants>

We are very much looking forward to receiving your application.

