



# Impact Report 2014/15 2016 Calendar







## **About Share**

Share is a registered charity based in Battersea in South London. Our aim is to transform disabled people's lives so that they can live more independently and make choices about all aspects of their lives.

At Share, we focus on what people can do, not what holds them back. And we believe that everyone has something to offer their community, whether it be in employment or as active members of our society. We aim to inspire our students to live happy, healthy and independent lives.

Share provides training and employment support for disabled adults, including those with learning disabilities, physical/sensory impairments, autism and mental health needs.

## What Share does

- Provides accredited training in horticulture, catering, IT, and life and basic skills, as well
  as a number of short courses that centre around personal development, health and
  wellbeing, such as music, creative writing, art and crafts, and yoga.
- Operates two social enterprises Share Gardening and Share Catering which provide services to the local community while offering safe and supported work opportunities for our graduates.
- Provides employment support for Wandsworth residents with long-term mental health concerns, as well as other Share students wanting to work.
- Runs Go Anywhere, Do Anything, which offers people with learning disabilities an opportunity to make the most out of arts, leisure, and sports activities in and around London.

## More information

To find out more about Share, visit our website at www.sharecommunity.org.uk. You can also find us on Facebook (www.facebook.com/ShareCommunity) and Twitter (www.twitter.com/ShareCommunity).

#### **MISSION**

Helping disabled people across London to reach their potential and achieve their life goals through training, education, employment guidance and personal development.

#### **VISION**

Open and equal access to excellent employment, education, and personal development opportunities for disabled people everywhere.

#### **VALUES**

We focus on ability. Everyone is of equal value and has something to offer others. We believe in equal access for all.





## Share's referral process

Students can be referred to Share by social workers, key workers, support workers or other professional workers such as Disability Employment Advisers and Support Brokers. Alternatively, you can refer yourself.

### Step 1

#### **FILL OUT A COURSE ENQUIRY FORM**

This can done in print or online on Share's website.

### Step 2

#### ARRANGE A VISIT TO SHARE

Following an initial enquiry, our wellbeing team will contact you or your support team to arrange a meeting to discuss your specific situation and needs, and to find out what you are interested in studying and how many days you would like to attend Share. We will also discuss funding options with you and your support team at this stage.

### Step 3

#### ARRANGE SOME TASTER DAYS

Following the initial visit, Share's wellbeing team will arrange some taster days for you to try the course or courses you are interested in studying to make sure they are what you expected and that they are right for you.

### Step 4

#### START YOUR JOURNEY AT SHARE

If you are happy to proceed, we will work with you and your support team to help secure funding for you to ensure that you can start your journey at Share as soon as possible.

It is important that every student is happy, fulfilled and challenged throughout their time at Share. We therefore carry out regular reviews for all our students. For students who have an allocated social worker, reviews are usually held at three-, six- or 12-monthly intervals at Share, depending on an individual's specific needs.

For further information on how to refer someone to Share, email info@sharecommunity.org.uk or call 020 7924 2949.



# **Chair and Chief Executive Report**

We've had an amazing year, and the hard work and focus from everybody who works or volunteers for Share has resulted in us exceeding our budget target, doing well with fundraising, and increasing the number of people accessing Share's main programmes from 76 to 91. Twice as many students achieved full qualifications as in the previous year. And we ended the year with a healthy bank balance.

So what were the high spots? Too many to count! The joy of people enjoying our Go Anywhere, Do Anything project and enjoying so much that London has to offer; our Evening in the Garden, with our catering students showing off their culinary talents and being model waiters; the beautiful garden and happy people that resulted from our work with Viridian Housing's deaf residents; the launch of our shiny new website. And every single achievement won by our students.

We welcomed 23 new students from Wandsworth, Lambeth, Hammersmith and Fulham, and Southwark. It's great to know that people from a wider area are hearing about what we do and choosing to join us. We focused a lot on healthy living, running healthy cooking and eating courses, and offering diverse activities to help keep people fit.

Our busiest course was Horticulture, with an average of 15 people attending each day, five days per week. Life Skills was also busy, with an average of 13 people attending each day, five days per week. Thirty-two people achieved full vocational qualifications, and 33 people achieved units towards qualifications.

Starting work changes how you see yourself, and how others see you – it's great for confidence and self-esteem. So we're pleased to say that this year, four students started voluntary jobs; one progressed from being a volunteer to being a part-time host at Southbank Centre; one of our trainees got a job as a kitchen assistant with us; and 14 people moved into work through our Winning with Work mental health project.

Supporting our students with their health and wellbeing is central to how we work. We've continued to support students in managing increasingly complex lives, especially for those living semi-independently. We attend social services reviews, advocate for students, and liaise with other people who are important in their lives. This area of wellbeing work is very demanding, and we plan to increase our capacity over the coming year, helping people to stay healthy, safe and happy.

We're excited about the future. We've set ourselves the task of making the most of digital technology in all aspects of our work, and particularly in giving our students access to technology that can revolutionise how they live, learn and communicate. We'll be focusing more on preparing people for independence, and we'll be using a new system to help us assess the difference we're making to our students.

We're deeply grateful to our colleagues, and all the people who give up their time to volunteer for Share, and the generous foundations and individuals who fund our work. Please join us, whether by volunteering your time, signing up as a regular donor, or following us on Facebook and Twitter. We hope to see you soon!

Bill Morgan, Chair, and Annie McDowall, Chief Executive



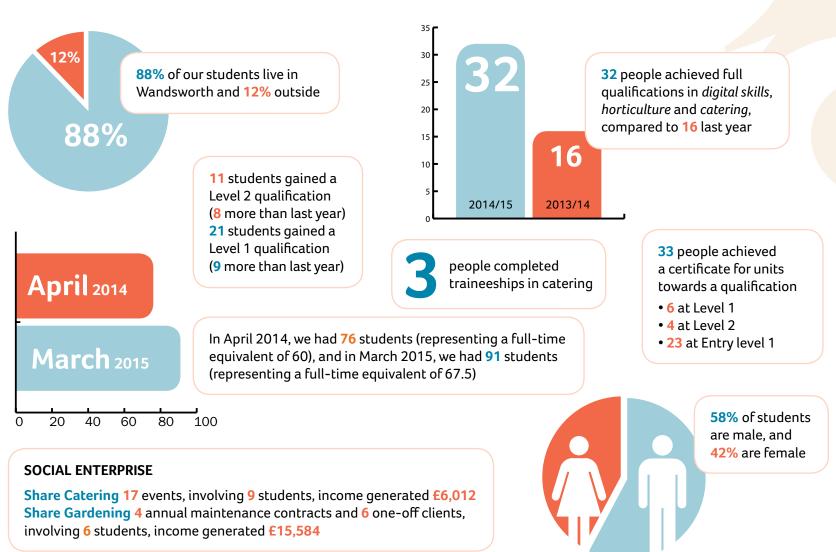
Bill Morgan



Annie McDowall



# **Project Performance Report**





# Go Anywhere, Do Anything

collowing receipt of a £130,000 from the City of London Corporation's charity, the City Bridge Trust, Share launched its Go Anywhere, Do Anything programme to connect people with and without learning disabilities in shared social activities in and around London.

This project is all about opening access to London's wealth of leisure and social opportunities to people with learning disabilities in Wandsworth and surrounding boroughs. A user-led steering group was set up to generate ideas and ensure that members played an active part in formulating the Go Anywhere, Do Anything activity schedule, after which the project team organises the visits and support with the help of volunteer social buddies.

During the first year, members visited museums, galleries, gardens, music festivals, and went sightseeing, nightclubbing, picnicking, and so much more! Sometimes, it was just going out for dinner, or simply out for a drink with friends, things we all take for granted all too often.

The project has created a special buzz around Share, and is encouraging our students to become more independent and grow in confidence.

GO ANYWHERE, DO ANYTHING'S YEAR 1 IN NUMBERS ...

47 people with learning disabilities have used the service

198 places were made available during the year

31 different venues and events were visited by the project

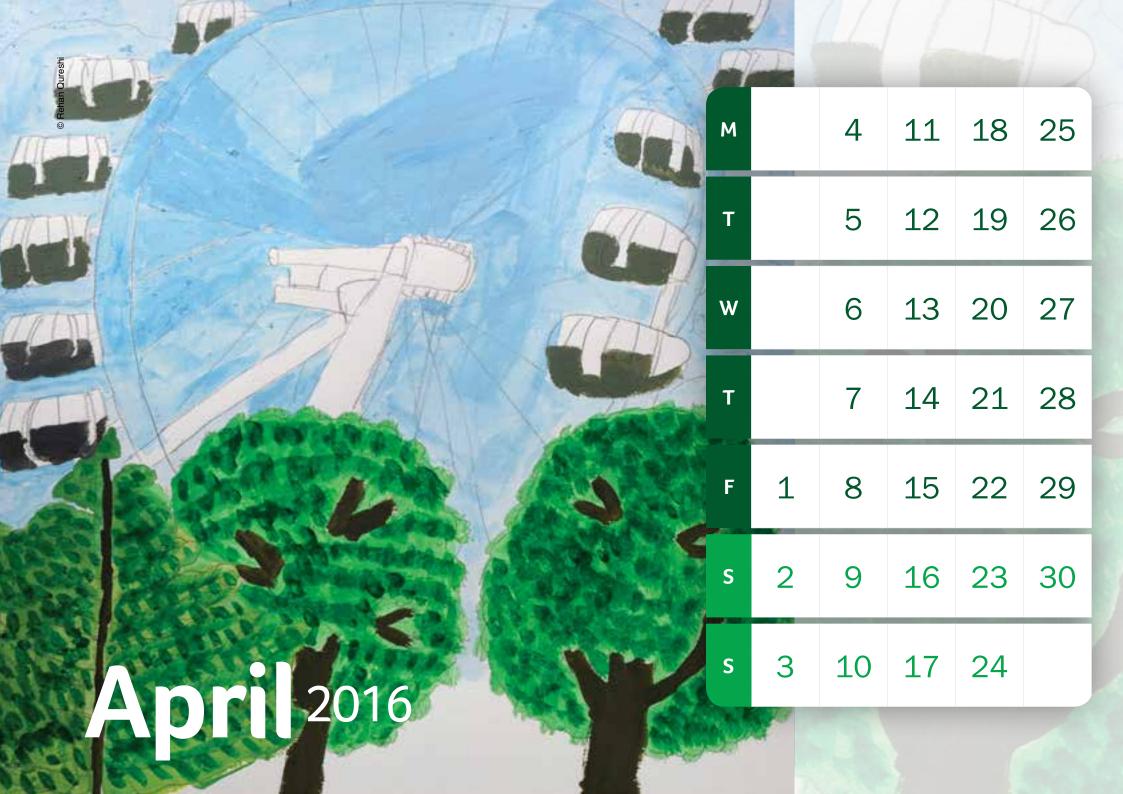
20 steering group meetings were held

16 social buddies were recruited. volunteering 400 hours of their time



made me happy





# **Awards for Share**

### **Investors in People**

Share's Investors in People Bronze level award was renewed in 2014, thereby underlining our continuing commitment to nurture the talents and strengths of those working and volunteering within the organisation.

The award means that as well as fulfilling the criteria for Investors in People's standard framework, which requires 39 pieces of evidence, Share provided 26 additional evidence requirements to demonstrate that it is going above and beyond to ensure the organisation's success.

Investors in People notes that the Bronze award has currently been achieved by just 7% of Investors in People accredited organisations.

In renewing the award, Investors in People said that respect for others was embedded within the core culture of the organisation, adding 'It was clearly evident that people felt valued and appreciated at Share Community'.

Share was first awarded the Bronze level three years ago, and the current award will be reviewed in 2017.

#### Matrix

Share also underwent and successfully completed an accreditation review for the Matrix Standard, which assesses and measures an organisation's advice and support services, and which ultimately supports individuals in their choice of career, learning, work and life goals. The review commented 'Share is committed to continuous improvement and any changes required within that.'

Share first signed up to the Matrix Standard in 2009, and will next be reviewed in 2018.











# Rehan

Rehan joined Share in 2009. He studies life skills, music and digital skills with us, and has recently been on a number of trips with Share's Go Anywhere, Do Anything programme.

Rehan is a quiet, thoughtful and gentle young man who is a very talented artist. He loves watching people and doesn't miss a thing, something we've noticed in his artwork, which shows an innate eye for detail.

His tutors note that he has a deep visual understanding of emotion, which makes for extremely expressive illustrations that convey meaning for everyone.

Rehan finds it difficult to understand the way that people behave and that things can change. When Rehan first arrived at Share, he was extremely quiet, found it difficult to say more than one word and could only stare at those around him. He liked to do the same things the same way each week and did not like to go out of the building to anywhere different.

Over time, we have seen him grow in confidence to the point where he is now much more relaxed and comfortable, is making decisions for himself, and is often the first one to put his name down for external visits.

He is also better able to portray enjoyment of the activities at Share and the company of other students and staff, and is becoming more expressive, both verbally and by way of his body language. He has many friends and gets a lot of pleasure sitting and listening to their conversations, and can often be seen giggling.

At Share, Rehan has taken on the role of 'visual scribe' in his classes. He will therefore listen closely to a 'brief' and loves drawing scenarios and situations on the whiteboard to help other members of his class gain a better understanding of the topics being discussed.

Rehan uses a variety of different media for his artwork, including pencils, watercolours, acrylics and, more recently, with his love of IT, digital media. We have also seen a move away from flat two-dimensional artwork to more complex, textured graphics.

One of the key things Rehan is currently learning about is the concept of what a question is. He's learning how to answer questions, taking time to consider which words to use to forge a response about his decisions and thoughts. Likewise, he is able to ask questions himself, and is gradually carrying a more adult air about him.

With the help of Share staff, Rehan is discovering and exploring his own character and talents. Rehan is not sure about having a job or getting paid to do something, but it is not something he has discounted in the future – when he last spoke about this, he said, 'I will think about it'.

More recently, Rehan designed the image that appears on Share's new bag, and his watercolour paintings have been used for Share's calendar within this impact report.





# **Karina**

## arina joined Share in 2013, and studies digital skills and life skills with us.

Karina is an expert at exploring London in her motorised wheelchair and relishes her independence.

At Share, Karina is very comfortable using all forms of technology, but particularly enjoys learning on the iPad. As part of her life skills course, she has been learning about safety in the home, looking after yourself and being healthy. One of her key aims is to enhance her reading skills. In her art and crafts classes, Karina has been learning to sew and felt, and has recently started painting with her mouth. And, amazingly, she still finds time to attend Share's creative writing course once a week!

During her time at Share, Karina has also been cycling with Share – when asked about whether she'd like to go cycling again, she laughs and responds, 'I wouldn't say no'. Karina has a very active and independent social life, but also chooses to go out with Share's Go Anywhere, Do Anything project occasionally.

Karina has many personal interests, especially music. She DJs on a regular basis, including at Share events, where she certainly has us dancing till we drop, and she also sings in a gospel choir.

Karina is an interesting, bubbly, cheerful and happy person, always carrying a huge smile. Often cheeky, with a wry sense of humour, she

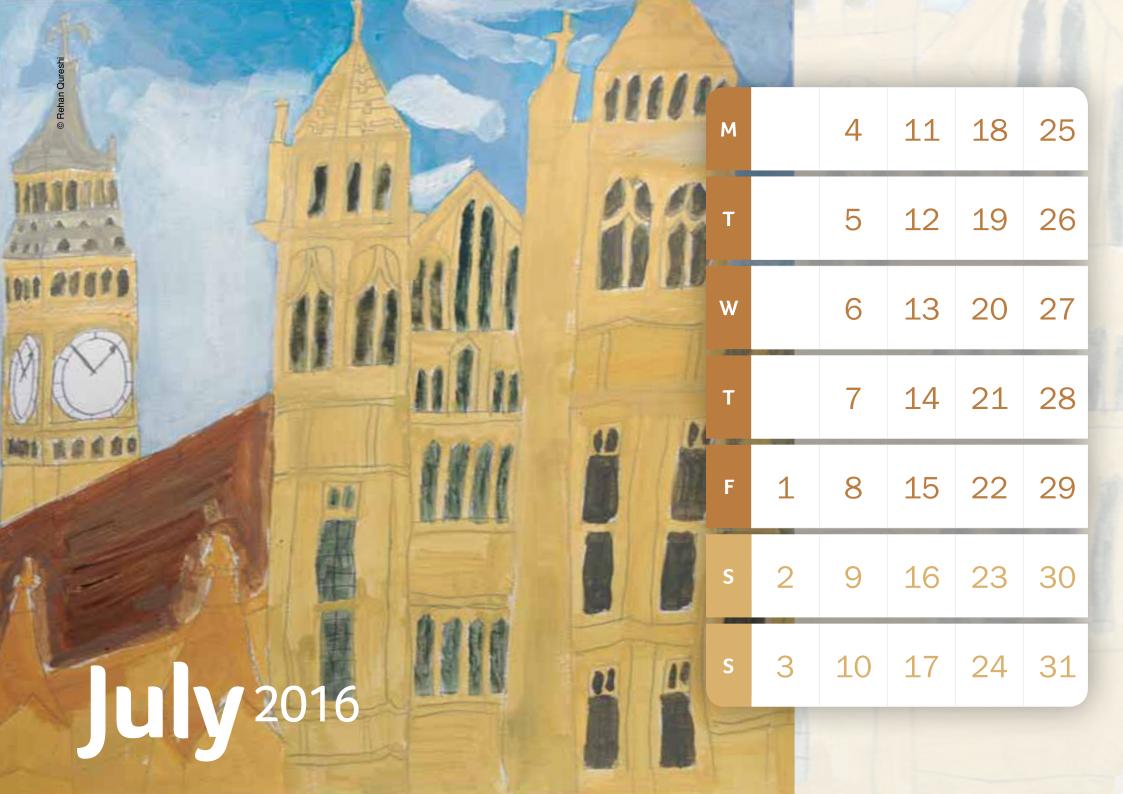
keeps everyone at Share on their toes (and that's without running us all over in her motorised wheelchair – an amazing driver, we're convinced she could give Lewis Hamilton a run for his money!).

Looking to the future, Karina would like to develop her DJing skills, and would also like a job supporting other people at Share. Speaking about her time at Share, Karina says she's enjoyed having the opportunity to DJ at Share events and notes, 'Share has friendly people who help me to get the best out of my life.'









# John

## ohn joined Share in 1999, and studies horticulture with us for three days a week.

John was very young and a little shy when he first joined Share. However, it didn't take him long to settle in and get to know everyone. It is now hard to imagine the horticulture project without him and his cheerful outlook always lifts everyone's spirits.

John has an easy-going personality, and is a very active and popular member of the team, with a cheeky charm that makes everybody smile. He has a wide circle of friends all over Tooting and Springfield University Hospital.

Throughout his time at Share, John has worked towards qualifications. He was one of the first students at Share to complete the full Level 1 Certificate in Practical Horticulture Skills. He is now working towards his Level 2 Certificate in the same qualification.

In the garden, John has always enjoyed being part of the plant production team – sowing seeds, pricking out seedlings and potting on new plants. More recently, John has impressed us all with the way he has got involved with Share's social enterprise, Share Gardening, which has led to him taking a more active role in garden maintenance at the Share Garden as well. John enjoys working off site with Share Gardening's senior gardener, especially on the Burntwood Villas contract where he is becoming a bit of an

expert with the leaf blower and the mowing machine. John also likes helping out with plant sales at garden events. In addition, John has been taking part in our latest mosaic project and is showing us a bit more of his artistic skills.

John's recent involvement with Share Gardening has represented a big change for him. He started working with the senior gardener in the Share Garden and found that he liked outside work more than he thought, and he is now a regular member of the Share Gardening team.

John has also been on a number of trips with Share's Go Anywhere, Do Anything project, with his favourite outing so far being the Curry Night.

Outside of Share, John enjoys spending time with his family and most summer weekends are spent at the coast where the family have a chalet. He likes walking his dog on Tooting Common, playing computer games, flirting (!), tuna sandwiches and hot chocolate. And, to boot, he makes a great cup of coffee! But he doesn't much like travelling on buses full of noisy school kids.

John is very happy with his life at the moment. He is looking forward to being able to join some more of Share's Go Anywhere, Do Anything trips over the next few months, commenting, 'There are lots of different jobs to do. I like the work, my friends, and going shopping for compost or plants.'









# **Edmond**

### dmond joined Share in 2014, and studies life skills with us.

Edmond is a quiet person with a gentle nature who is always interested in other people, and curious about the world around him. Although he was very shy when he first arrived, and a bit hesitant to join in, he has grown in confidence, making new friends and trying lots of new activities.

In particular, he has been very keen to go out and about with Share's Go Anywhere, Do Anything programme. His family was a little concerned that he might find the trips out to central London daunting, but he has impressed everyone by his will to do more and go further and further afield.

Edmond has been on six trips with Go Anywhere, Do Anything so far, including adventures up London's Shard building, a day out at the transport museum and to see a play at the theatre. He notes that his favourite trip was an outing to The Beautiful Octopus nightclub at the Southbank Centre.

Edmond said he enjoyed dancing and meeting people, and continued to dream about being on the dance floor following the event.

Afterwards, he said, 'That was fun, I would do that again', adding that when he got home he 'needed a cup of tea and a piece of cake!'.

Despite his quiet voice, Edmond has a lot to say and is now the first to say hello, making his presence in the room known and telling everyone stories about his holidays and days out with Go Anywhere, Do Anything.

On one trip, we were really impressed when Edmond was courageous and assertive enough to challenge our bill when we were overcharged in a restaurant. At first, he thought he was too shy to talk to the waitress, but he did a great job and we got our money back!

### Making music on stage

For a number of years, Share's music students have been attending LSO Create, a special group for adults with learning disabilities that meets once a month to create music with musicians from the London Symphony Orchestra (LSO). Last year, this work led to an invitation for three of our students to take to the stage and take part in the LSO's Rites of Passage concert at the Barbican. Students were supported to attend rehearsals and prepare for the concert,







# **Feedback**

"I've seen a complete change. He has come out of himself much more... he does not stop talking about what happened during the day and other students."

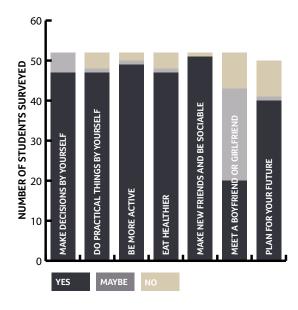
"She engages more at home, especially in the last three months. Thanks to her newfound confidence, she starts tasks and completes them."

eedback from all of our stakeholders is important for Share to ensure that we are providing the right service to meet everyone's needs and expectations, and that we continue to innovate to help our students realise their potential and fulfill their aspirations. We therefore carry out regular surveys to give everyone the opportunity to have their say in the future of Share.

### **Student survey**

52 students completed the survey, representing different gender and age groups across all our training programmes.

- 31% of people said they wanted to earn money and get a job
- 96% of people felt Share was helping them to achieve their dreams, and 100% said they felt happy while they were at Share
- 96% of people said more sport and exercise activities at Share would make them happy
- 83% of people said they would attend an evening activity if we ran one
- Most people said that Share was helping them in most areas of their life, except to find a boyfriend or girlfriend (see graph).



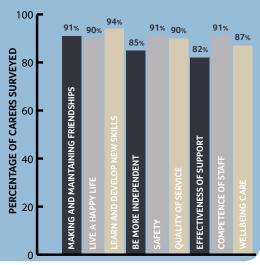
### Carer survey

We asked carers about the impact of our work on the people they care for.

Of the 34 parents and care managers who participated in the survey, most had a positive response about all areas of Share's work, including safety, quality of service, effectiveness of support, competence of staff and wellbeing care (see graph), with 100% of people responding with 'Excellent', 'Good' or 'OK' when asked if Share helped the person they support to live a happy life, and learn and

develop new skills.

In particular, carers commented that they had noticed that the people they support had gained more confidence since attending Share. Around 94% of carers felt confident that Share was able to meet the needs of the person they support.



"Share has supported me to get into a routine. I'm better able to cope when I'm busy at Share" "The staff push you to show you what you are capable of doing" "Thanks to Share I am more educated. I have a good life and I have lots of friends"

"What I like about Share is the way staff encourage students. I also like the wide variety of courses offered." "Share is always friendly, and nothing is too much trouble."



# **Income and Expenditure** 2014/15

INCOME (£)		%	EXPENDITURE (£)		%
Spot purchase	602,052	64%	IT training	106,501	14%
Contract income	48,058	5%	Horticulture training	231,110	31%
Grants and donations	226,102	24%	Learning & guidance	224,887	30%
Social enterprise	35,712	4%	Employability training	101,141	14%
Other income	24,621	3%	Marketing & fundraising costs	40,249	6%
			Governance costs	39,721	5%
	936,545	100%		743,609	100%

### Financial performance during the last 5 years

YEAR	INCOME (£)	EXPENDITURE (£)	SURPLUS/DEFICIT (£)
2010/11	901,094	865,861	35,233
2011/12	880,845	772,750	108,095
2012/13	702,042	690,787	11,255
2013/14	690,513	688,660	1,853
2014/15	936,545	743,609	192,936

The Charity's income was £936,545 in the year ended 31 March 2015, compared to £690,513 in 2014. The net result was therefore a surplus of £192,936 during 2014/15, compared to £1,853 in 2013/14. Of this, £100,000 was received from the John P Heron estate, which is contributing to the development of Share's Digital Transformation Strategy.

The total expenditure was £743,609 in the year ended 31 March 2015, compared to £688,660 in 2013/14.

The Charity held unrestricted funds of £763,164 at the year end, of which £528,508 is tied up in fixed assets.

## Thank you

Trouble your			
BAILY THOMAS CHARITABLE FUND			
CARILLION CONSTRUCTION LTD			
CECIL ROSEN FOUNDATION			
CENTRE 4 LEARNING			
CITY BRIDGE TRUST			
DRAPERS' CHARITABLE FUND			
FARRER & CO			
GARFIELD WESTON FOUNDATION			
HONEYMAN CHARITABLE TRUST			
JOHN P HERON ESTATE			
KHALSA CENTRE, TOOTING			
LONDON CATALYST			
MARKS AND SPENCER			
MERCERS' CHARITABLE FOUNDATION			
NEAL'S YARD REMEDIES			
OXFIZZ			
SDS LONDON			
STERLING MEDIA			
THOMAS J HORNE MEMORIAL TRUST			
TOOTING BUSINESS NETWORK			
VIRIDIAN HOUSING			
WAITROSE COMMUNITY MATTERS			
WHOLE FOODS MARKET			



# In partnership

Share works successfully with other organisations in partnership to extend our services to help more people in our wider community. One example of this is our work with deaf people. Share completed its year-long project with Viridian Housing to provide horticulture training for deaf people with additional learning needs. This involved Share's Horticulture Training Manager, Jenny Shand, working with a group of residents at Viridian Housing's Harding House to design and create their own garden.

The aim of this project was to help participants to gain more independent living skills, encourage healthier eating and take advantage of horticulture's social and therapeutic benefits.

Based on the success of the first year, Viridian Housing extended their support, which is now to continue for another year under the charity, Action on Hearing Loss, which has

new garden.

taken over the management of Harding

House. Residents have therefore been able to continue their work on their garden, growing an array of vegetables, and using the produce to make chutneys, jams and jellies. In addition, students are working on a mosaic project to produce various decorative features for their

An adjunct of this project has been our work with Oak Lodge School, a residential and day school for students with hearing, speech, language and communication needs. This partnership involved Share's Horticulture Training Manager running a series of gardening workshops at the school and working with a number of Oak Lodge students on their allotment. This experience inspired Rahat, one Year-11 student from Oak Lodge School to successfully gain a Level 1 Certificate in Practical Horticulture and subsequently apply for a traineeship with Royal Parks. Deputy Head Teacher at Oak Lodge School, Christine Mukasa, said 'On behalf of Rahat and Oak Lodge School, I would like to say a massive thank you to you and your team for all the work you have done with young Rahat. He has surpassed expectations.'



Share continues to remain active in the local community, taking part in local fairs, such as Northcote Road Fair, as well as London-wide events, such as Open Garden Squares Weekend, which are all important to help raise awareness and fundraise for Share.

Last year, we were also thrilled to be chosen by Councillor Stuart Thom, the then Mayor of Wandsworth, as one of three charities for support during his mayoral year, which included hosting a number of fundraising events to benefit these charities and raised £11,050 for Share. One of these events was a fundraising Boat Race Day Party at the T. S. Challenger with afternoon tea provided by Share Catering.







# **Employment support**

Share's employment support programme, Winning with Work, has been renewed by Wandsworth Council for another two years.

This means we will continue to work closely with our project partners, including South West London and St George's Mental Health Trust, Together Your Way and Family Action to help Wandsworth residents with long-term severe mental health concerns back into work.

Our target is to work with 40 people over the course of a year, to have 20 people on our caseload at any one time, and to move 40% of people on our caseload into employment of eight hours a week or more.

Over the past year, we helped 14 people with long-term mental health concerns into employment. Each job is chosen using the individual placement and support approach to ensure that employees are matched with the right job and employer, based on their interests and needs.

Our employment specialist helps people with their job search, providing advice on how to write CVs and covering letters, and fill in applications forms, and to prepare them for interviews. Following a successful placement, each person is provided with in-work support for as long as they need it to ensure that employees and employers are happy, and that each placement is right for both parties.





# Moving into employment

#### **SUZANNE**

Suzanne, featured in Share's previous impact report has been given a permanent contract at the Southbank Centre where she has been working for the past year as a host to 'meet and greet' guests, and where she had volunteered for a number of festivals.

#### RACHEL

Rachel completed her traineeship at Share with flying colours and is now a member of staff at Share where she helps our catering tutor and chef to manage the Share Kitchen. Rachel was recently awarded Learner of the Year

at the Lifelong Learning Awards.

Ask any tourist why they visit London and they will inevitably say 'To see the sites'. It is some of these sites that are captured in watercolour in this calendar by Rehan Qureshi, one of Share's very gifted students, bringing together old and new, historic and contemporary, all of which make up modern London, our truly international metropolis.

Rehan was supported by local artist, Martin Ireland, to visit and paint 12 of London's best-known landmarks for this calendar.





### **Share Community Ltd**

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