

Service	Open to	Main focus	Payment
Accredited courses			
Life skills	People with moderate to severe learning disabilities or those with learning disabilities and autism	Basic level literacy and numeracy (Pre-entry to Entry 1), daily living skills, accessing the community, food hygiene, physical fitness, wellbeing, music	Personal budget
Basic skills	People with mild to moderate learning disabilities and/or autism. People with dyslexia	Functional literacy and numeracy, with focus on daily living and preparing for work. Entry level qualifications	Personal budget
Digital skills	All levels	Practical information and communications technology (ICT) skills for life and work with a wide range of qualifications	Personal budget
Catering	All levels	Preparation for working in a catering environment, safe food handling and hygiene, teamwork. Can lead to work on social enterprise	Personal budget
Horticulture	All levels	Wide range of gardening opportunities from sowing seeds and transplanting seedlings to garden maintenance and simple woodwork. Can lead to work on social enterprise. Qualifications from Pre-entry to Level 2	Personal budget
Short courses			
Musicianship	All levels, but mostly people with learning disabilities and/or autism	Higher level musical appreciation, playing, and introduction to notation	Personal budget
Digital skills for life	All levels	Focus on use of mobile technology and its practical application	Personal budget
Baking	All levels	Baking for pleasure	Personal budget
Activities			
Yoga	All levels	Gentle stretching for flexibility, breathing, relaxation and meditation – with modifications for individual needs	Personal budget
Creative writing	All levels	Fun and participatory, with individual and group exercises	Personal budget
Employment and work-related programmes			
Yes Chef!	People aged 18-25 years with mild to moderate learning disabilities, who have an interest in working with food	Training programme, including catering qualifications and practical work experience, and help getting ready for work	Free
Winning with Work – Employment support	Wandsworth residents with long-term mental health needs	Help with securing employment and in-work support. Meeting employment needs for the individual using the Individual Placement and Support (IPS) approach	Free to Wandsworth residents
Social			
Go Anywhere, Do Anything	People with learning disabilities and/or autism	Making the most of London – arts, leisure, sports, culture in small groups with staff and volunteer buddy support	Participants pay for the activity but not the support